

GERSCHEFSKE -- 10/693,443
Client/Matter: 060012-0301882

IN THE SPECIFICATION:

Please replace paragraph [0026] with the following amended paragraph:

[0026] FIGURE 1 is a perspective view of an exerciser, generally indicated at 10, according to one embodiment of the invention. The exerciser 10 is generally of the type shown in U.S. Patent Des. 382,319, which was incorporated by reference above. The exerciser 10 includes a frame assembly, generally indicated at 12, a translationally movable body support, generally indicated at 14, disposed on the frame structure 12 in a position to support the body of the user in a position enabling the feet of the user to be free from the movable body support 14, and a resiliently movable foot support or trampoline, generally indicated at 16, constructed and arranged to be mounted on the frame structure 12 in a position to be engaged by the feet of the user supported on the movable body support 14.

Please replace paragraph [0056] with the following amended paragraph:

[0056] An additional embodiment of the invention is shown in the side elevational view of FIGURE 10. FIGURE 10 illustrates an exerciser 400 having a foot support (or "trampoline", as this term is used herein to refer to a rebounding structure that utilizes spring force) 402 that comprises two individual foot contact portions 410 connected to a vertically extending support 406 by compression springs 408. The foot contact portions 410 extend horizontally forward from the vertically extending support 406. FIGURE 11 is a top plan view of the foot support 402 showing the two individual foot contact portions 410. Each foot contact portion 410 is sized to accommodate one of the user's feet. In another embodiment shown in the top plan view of FIGURE 12, a foot support or trampoline 412 includes a unitary foot contact portion 416 sized to accommodate both feet. In each case, the foot support 402, 412 would be provided with a layer of foam or other padding material 414 to provide comfort and traction for the user's feet. Those of skill in the art will note that the exercising motion enabled by the foot support 412 is similar to the exercising motion enabled by the foot support 16 described above. As will be apparent to those skilled in the art, the foot supports 402, 412 of FIGURES 10-12 may also be used as attachments to be installed on or retrofit to existing exercises apparatuses.